Paeds in a Pod

OCCUPATIONAL THERAPY

REAL-WORLD SOCIAL SKILLS

A six-week group for adolescents aged 13+

Build communication, teamwork and problem-solving skills for school, work and community life.

Practise:

- Working with others • Listening and asking questions
- Negotiating and compromising • Problem-solving
- Self-advocacy and navigating disagreements



Hands-on activities | Small group of 4–6 | Neurodiversity-affirming

411 East Main Street,
Welland, Ontario

Wednesdays | 6:15–7:30 p.m.
November 11, 18 & 25
December 2, 9 & 16, 2026

$110 per participant per session
$660 for the six-week program

To register or discuss group fit:
info@paedsinapod.com

Limited spaces available